

## Cardiac Program

Your Tidewell Hospice care team has identified you or your loved one as being at risk for heart and/or breathing problems. We have requested medical equipment and medication to assist with chest pain or shortness of breath.

Tidewell provides you with equipment, medication and education to help you manage any chest pain or shortness of breath at home. After you are admitted to Tidewell, a nurse will visit to assist with training in the use of the equipment and medications and to answer any questions you may have about the program. You and your RN case manager can discuss how often the nursing visits will occur to ensure that you remain comfortable in your home.

### Equipment

#### Oxygen Concentrator

An oxygen concentrator is a medical device used to deliver oxygen for conditions that cause or result in low levels of oxygen in the blood. It works much like a window air conditioning unit by:

- Taking in air from its surroundings
- Compressing the air
- Removing nitrogen from the air
- Adjusting delivery settings
- Delivering the purified oxygen



### Medication

Oral medications may include aspirin and nitroglycerin tablets for chest pain, and lorazepam (Ativan®) to relieve anxiety. Morphine sulfate oral solution is used to treat pain and shortness of breath. Tidewell will provide instruction on the dosage and how to draw the morphine solution into an oral syringe or dropper.



Call Tidewell with any questions (855) 843-3935: \_\_\_\_\_